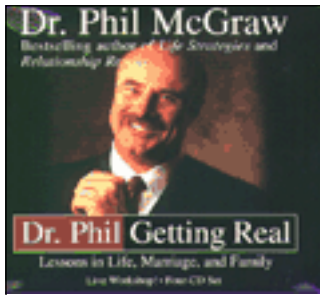


RECENT COMPACT DISK ARRIVALS:

SELF-IMPROVEMENT/FAMILY ISSUES:

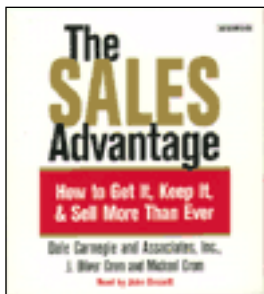


DR PHIL GETTING REAL: Lessons in Life, Marriage, and Family

by Dr Phil McGraw.
Price A\$39.95 four CDs—Live Workshop.

In his trademark "tell-it-like-it-is" style, Dr Phil McGraw presents an enlightening and entertaining workshop on how to "get real" in relationships and in life. He explains how to live by design, as opposed to living reactively, and urges you to "step out of the comfort zone" by evaluating everything in your life based on whether its working or not. If you crave a successful relationship and a gratifying life, you can't afford to miss the lessons presented on this fascinating CD program!

SALES:



SALES ADVANTAGE: How to Get It, Keep It, & Sell More Than Ever by Dale Carnegie and Associates, Inc—J Oliver Crom and Michael Crom, read by John Dossett. Price A\$46.95 three CDs—3 hours approx.

The two crucial questions most often asked by salespeople are: "How can I close more sales?" and "What can I do to reduce objections?" The answer to both questions is the same: You learn to sell from a buyer's point of view. This audiobook includes specific advice for each stage of the eleven-stage selling process.

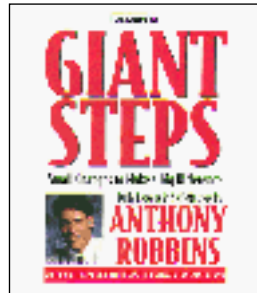
THOUGHT OF THE DAY:

"Always bear in mind that your own resolution to succeed is more important than any one thing."
--- Abraham Lincoln

More New Titles

Check the website—for more details.

SELF-IMPROVEMENT



GIANT STEPS: Small Changes to Make a Big Difference: Daily Lessons in Self-Mastery

by Anthony Robbins.
Price A\$39.95 two CDs—2 hours approx.

What good is inspiration if it's not backed up by action?

Based on the finest tools, techniques, principles, and strategies offered in *Awaken the Giant Within*, bestselling author and peak performance consultant Anthony Robbins offers daily inspirations and small actions—exercises—that will compel you to take giant steps forward in the quality of your life. From the simple power of decision-making to the more specific tools that can redefine the quality of your relationships, finances, health, and emotions, Robbins shows you how to get maximum results with a minimum investment of time.

SELF-IMPROVEMENT



MAGIC OF THINKING BIG

by David J Schwartz.
Price A\$59.95 four CDs—4 hours approx. Dr David J Schwartz, long regarded as one of the foremost experts on motivation, will help you sell better, manage better, earn more money, and—

most important of all—find greater happiness and peace of mind. *The Magic of Thinking Big* offers methods, not empty promises. Dr Schwartz presents a carefully designed program for getting the most out of your job, your marriage, family life and your community. He proves that you don't need to be an intellectual or have innate talent to attain great success and satisfaction—but you do need to learn and understand the habit of thinking and behaving in ways that will get you there. This audiobook will give you those secrets!

Believe you can succeed and you will!



SUCCESS CENTRE™

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SELF-IMPROVEMENT:



POWER OF FULL ENGAGEMENT: Managing Energy, Not Time, Is the Key to Performance, Health and Happiness by Jim Loehr and Tony Schwartz. Price A\$29.95 pb.

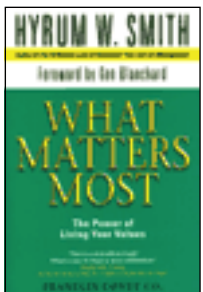
We live in digital time. The pace is rapid fire and relentless and

many of us experience 24/7 demands on our time. Always rushing to catch up, we try to cram as much as possible into every day. We are wired up, but we are melting down.

It is our ability to manage energy, not time, that determines our effectiveness at work and our health and happiness in our personal lives. Recognising this will revolutionise our understanding of how best to manage our daily routine.

Improve your performance at work, eliminate burnout and restore balance to your life.

SELF-IMPROVEMENT SPECIAL:



WHAT MATTERS MOST: The Power of Living Your Values by Hiram W Smith. **Limited Stock** Was A\$29.95—**NOW A\$9.95 pb.**

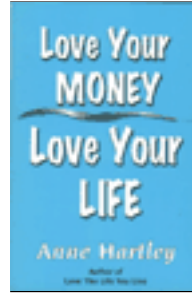
In this book, motivational speaker and bestselling author, Hiram W Smith outlines compelling reasons for this dissatisfaction.

Much of it comes, he says, because of the conflicts between our actions and our personal values. In the rush and press of life, too many of us have lost touch with what matters most to us—values like spending time with family and friends, participating in fulfilling work, giving of self in service to others, following our own light and attaining long-held dreams and creative goals. Drawing from his own extensive experiences and compelling examples from others, Smith outlines a simple but powerful formula to help identify what are your important priorities. Written by a true master.

More New Titles

Check the website—for more details.

FINANCE/SELF-IMPROVEMENT:



LOVE YOUR MONEY LOVE YOUR LIFE by Anne Hartley. Price A\$24.95 pb.

Money may not be the key to happiness—but attitude is

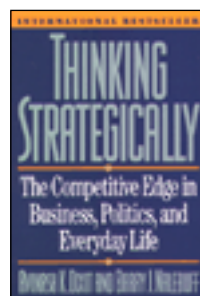
As a successful financial planner, author and life coach, Anne Hartley has helped thousands of

people to transform their lives. In this book Anne Hartley tells you why:

- Traditional financial planning doesn't work for everybody
- Your unique relationship to money and your unique relationship to life is the key to your success and happiness

Anne Hartley's clients have not only transformed their finances, but their whole lives as well by living according to their values. Now you can do this for yourself. This book distils 20 years of insight and experience into 6 simple steps for action. By practicing Anne Hartley's Values System you can: enrich your life by being true to your to your unique self. This book distils 20 years of insight and experience into 6 simple steps for action. **It's Fun, It's Wise, It's Simple, and It Works! – and It Keeps Working**

MANAGEMENT:



THINKING STRATEGICALLY: The Competitive Edge in Business, Politics, and Everyday Life by Avinash K Dixit and Barry J Nalebuff. Price A\$31.95 pb.

A major best-seller in Japan, Financial Times Top Ten book of the year, Book-of-the-Month

Club bestseller, and required reading at the best business schools, *Thinking Strategically* is a crash course in outmaneuvering any rival.

This entertaining guide builds on scores of case studies taken from business, sports, the movies, politics, and gambling. It outlines the basics of good strategy making and then shows how you can apply them in any area of your life.



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INVESTMENT:



RICH DAD'S CASHFLOW QUADRANT: Rich Dad's Guide to Financial Freedom by Robert Kiyosaki with Sharon Lechter. Price A\$21.95 pb. *Rich Dad's Cashflow Quadrant* is for people who are ready to make changes in their lives

...rather than going from job to job.

"Why do some people work less, earn more, pay less in taxes, and feel more financially secure than others? It is a matter of knowing which quadrant to work from and when. This book is for people who are ready to make significant professional and financial improvement and want to move from the Industrial Age into the Information Age. This book is about choosing new options, new directions, and a new financial future."

—Robert T Kiyosaki, author

Rich Dad's Cashflow Quadrant will reveal:

- The difference between an employee, a self-employed person, a business owner and an investor
- Why some investors make money with little risk while other investors just break even
- How you can be a successful investor regardless of which quadrant you are in today

LEADERSHIP:



LEADERSHIP WHEN THE HEAT'S ON: 24 Lessons in High Performance Management by Danny Cox with John Hoover.

Price A\$16.95 stapled pb.

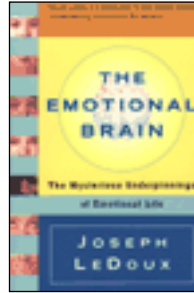
People aren't born to be high-performing leaders—they just

learn to develop the time-proven characteristics of great leadership. Discover those characteristics in this book and start now to transform costly and counterproductive negative energies into positive influences.

[More New Titles](#)

[Check the website—for more details.](#)

MIND/EMOTIONS:



EMOTIONAL BRAIN: The Emotional Underpinnings of Emotional Life by Joseph LeDoux. Price A\$30.95 pb.

Where Do Feelings Come From?

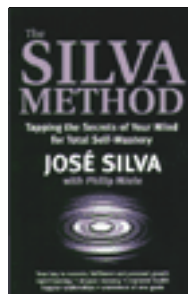
What happens in our brains to make us feel fear, love, hate, anger, joy? Do we control our

emotions, or do they control us? Do animals have emotions? How can traumatic experiences in early childhood influence adult behaviour, even though we have no conscious memory of them? In *The Emotional Brain*, Joseph LeDoux investigates the origins of human emotions and explains that many exist as part of complex neural systems that evolved to enable us to survive.

One of the principle researchers profiled in Daniel Goleman's *Emotional Intelligence* book, LeDoux is a leading authority in the field of neural science. In this provocative book, he explores the brain mechanisms underlying our emotions—mechanisms that are only now being revealed.

"Joseph LeDoux is a superb guide to that ultimate frontier in understanding our emotional life, the brain."—Daniel Goleman, author of *Emotional Intelligence*

SELF-IMPROVEMENT/CLASSICS:



SILVA METHOD: Tapping the Secrets of Your Mind for Total Self-Mastery by José Silva with Philip Miele. Price A\$29.95 pb.

Transform your life! Learn how to unlock the powerful resources of your mind through creative visualisation—the ability to 'see' what

you desire and then make it happen. Millions of people, from Olympic athletes to high-flying businessmen, from writers and actors to doctors and teachers, have already mastered the secret of this amazing, world famous technique. You can too. First published in 1978, this recent printing brings the classic back into circulation.



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